

# Seoul International Digestive Disease Symposium 2025

In Conjunction with the Annual Meeting of the Korean Society of Gastroenterology

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SIDDS 2025

## Frontiers in Digestive Research and Practice

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<b>Country</b>	Japan
<b>Major Field</b>	Gastrointestinal endoscopy

### Educational Background

1985-1992 School of Medicine, Gunma University, Japan

1992-1996 Postgraduate course of Medicine, Gunma University, Japan

### Professional Experience

2001-2003: Dept of Gastroenterology, Mitsui Memorial Hospital, Staff

2003-2007: Endoscopy Division, National Cancer Center Hospital Staff

2003-present: Clinical Laboratory and medicine, Gunma University, Part-time

2007-2010: Endoscopy Division, National Cancer Center Hospital, Chief

2010-2012: Gastrointestinal Endoscopy Division, National Cancer Center Hospital, Chief

2012-present: Director of Endoscopy Center, Chief of Endoscopy Division, National Cancer Center Hospital

2017-present: Visiting Professor of Gastroenterology, Tokyo Medical University

### Main Scientific Publications

1. [Saito Y](#), Sakamoto T, Dekker E, Pioche M, Probst A, Ponchon T, Messmann H, Dinis-Ribeiro M, Matsuda T, Ikematsu H, Saito S, Wada Y, Oka S, Sano Y, Fujishiro M, Murakami Y, Ishikawa H, Inoue H, Tanaka S, Tajiri H; IEE-JNET Group: First report from the International Evaluation of Endoscopic classification Japan NBI Expert Team: International multicenter web trial. *Dig Endosc.* 2024 May;36(5):591-599.
2. [Saito Y](#): Top tips for performing high-quality optical zoom chromocolonoscopy (with video). *Gastrointest Endosc.* 2024 Jul;100(1):122-127.
3. [Saito Y](#), Toyoshima N, Mizuguchi Y, Sakamoto T, Uraoka T, Ikematsu H, Tamai N, Matsuda T, Misawa M, Hotta K, Shibata T: Protocol for a prospective multicenter randomized controlled trial to evaluate the efficacy of texture and color enhancement imaging (TXI) observation in the detection of colorectal lesions (deTXIon study). *Jpn J Clin Oncol.* 2024 Sep 4;54(9):1052-1056.
4. [Saito Y](#), Yamada M, Mori Y: Although depth prediction of colorectal cancer with artificial intelligence is clinically relevant, standardization of histopathologic diagnosis should also be taken care of. *Gastrointest Endosc.* 2022 Jun;95(6):1195-1197.



## Main Scientific Publications

5. Ohata K, Kobayashi N, Sakai E, Takeuchi Y, Chino A, Takamaru H, Kodashima S, Hotta K, Harada K, Ikematsu H, Uraoka T, Murakami T, Tsuji S, Abe T, Katagiri A, Hori S, Michida T, Suzuki T, Fukuzawa M, Kiriya S, Fukase K, Murakami Y, Ishikawa H, Saito Y: Long-term Outcomes After Endoscopic Submucosal Dissection for Large Colorectal Epithelial Neoplasms: A Prospective, Multicenter, Cohort Trial From Japan. *Gastroenterology*. 2022 Nov;163(5):1423-1434.e2.
6. Saito Y, Ono A, García VAJ, Mizuguchi Y, Hisada I, Takamaru H, Yamada M, Sekiguchi M, Makiguchi M, Sekine S, Abe S: Diagnosis and treatment of colorectal tumors: Differences between Japan and the West and future prospects. *DEN Open*. 2021 Nov 11;2(1): e66.
7. Saito Y, Oka S, Kawamura T, Shimoda R, Sekiguchi M, Tamai N, Hotta K, Matsuda T, Misawa M, Tanaka S, Iriguchi Y, Nozaki R, Yamamoto H, Yoshida M, Fujimoto K, Inoue H: Colonoscopy screening and surveillance guidelines. *Dig Endosc*. 2021 May;33(4):486-519.
8. Saito Y, Ono A: Underwater Endoscopic Mucosal Resection for Colorectal Lesions: A Bridge Between Conventional Endoscopic Mucosal Resection and Endoscopic Submucosal Dissection. *Gastroenterology*. 2021 Nov;161(5):1369-1371.
9. Saito Y, Abe S, Inoue H, Tajiri H: How to Perform a High-Quality Endoscopic Submucosal Dissection. *Gastroenterology*. 2021 Aug;161(2):405-410.
10. Saito Y, Kodashima S, Matsuda T, Matsuda K, Fujishiro M, Tanaka K, Kobayashi K, Katada C, Horimatsu T, Muto M, Ohtsuka K, Oda I, Kato M, Kida M, Hoteya S, Yamamoto H, Ryoza S, Iwakiri R, Kutsumi H, Kato M, Haruma K, Fujimoto K, Iishi H, Ogata H, Uemura N, Kaminishi M, Tajiri H, Inoue H: Current status of diagnostic and therapeutic colonoscopy in Japan: The Japan Endoscopic Database Project. *Dig Endosc*. 2022 Jan;34(1):144-152.
11. Saito Y, Oka S, Tamai N, Kudo T, Kuniyoshi N, Shirakura T, Omae Y, Hamahata Y, Arai T, Tanaka S, Uedo N, Shimizu S, Fukuzawa M, Uraoka T, Ichinose S, Ogata H, Kobayashi K, Saito S, Tajiri H: Efficacy and safety of oral sulfate solution for bowel preparation in Japanese patients undergoing colonoscopy: Noninferiority-based, randomized, controlled study. *Dig Endosc*. 2021 Nov;33(7):1131-1138.
12. Saito Y: Pathologic sm2 carries a moderate risk of metastases even without other unfavorable factors, but positive horizontal margins have low local recurrence risk after en bloc resection. *Endoscopy*. 2023 Mar;55(3):252-254.
13. Saito Y, Ono A: Endoscopic submucosal dissection is not for the interest of endoscopists but for the patients cure. *Dig Endosc*. 2020 Sep;32(6):888-890.
14. Saito Y, Parra-Blanco A: Traction is most important for the widespread use of endoscopic submucosal dissection, especially in procedures presenting particular difficulty. *Endoscopy*. 2020 May;52(5):328-329.
15. Saito Y, Nonaka S: ESD as first-intent resection method: also for the duodenum? *Endosc Int Open*. 2019 Dec;7(12): E1761-E1762.



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### Main Scientific Publications

16. Saito Y, Sylvia Wu SY, Ego M, Abe S: Colorectal endoscopic submucosal dissection with use of a bipolar and insulated tip knife. *VideoGIE*. 2019 Jun 27;4(7):314-318.
17. Saito Y, Bhatt A, Matsuda T: Colorectal endoscopic submucosal dissection and its journey to the West. *Gastrointest Endosc*. 2017 Jul;86(1):90-92.
18. Saito Y, Sumiyama K, Chiu PW: Robot assisted tumor resection devices. *Expert Rev Med Devices*. 2017 Aug;14(8):657-662.
19. Saito Y, Nakajima T, Sakamoto T, Yamada M, Matsuda T, Mönkemüller K: Clinical pathway to discharge three days after colorectal endoscopic submucosal dissection: For whom and for what purpose? *Dig Endosc*. 2015 Sep;27(6):662-4.
20. Saito Y, Saito S, Oka S, Kakugawa Y, Matsumoto M, Aihara H, Watari I, Aoyama T, Nouda S, Kuramoto T, Watanabe K, Ohmiya N, Higuchi K, Goto H, Arakawa T, Tanaka S, Tajiri H: Evaluation of the clinical efficacy of colon capsule endoscopy in the detection of lesions of the colon: prospective, multicenter, open study. *Gastrointest Endosc*. 2015 Nov;82(5):861-9.